

**CERTIFICATE  
OF  
ATTENDANCE**



**THIS IS TO CERTIFY THAT**

*Frankford McLaren*

**Attended**

**A Half Day Familiarisation Training Course**

**At**

**Artemis Tree Services Limited**

**On**

**Friday 23 January 2015**

The above named person has demonstrated the necessary skills & knowledge required to undertake Manual Handling Operations, Safe Use of Ladders and CAT & Genny operations within their working environment as and when required. They covered the following areas during the course:

**Manual handling Operations:**

Anatomy of the Spine, Discs and Issues of Nuclear Migration and impact on the Sciatic Nerve  
Safe Lifting, Lowering, Pushing, Pulling and the avoidance of Twisting  
Regulations and TILE

**Safe Use of Ladders:**

Regulations  
Category and Inspection of Ladders  
Maintenance of Ladders Including faults and repair  
Safe Use of Ladders and Step Ladders

**CAT & Genny:**

Functions of the CAT & Genny  
10 Golden Rules  
Sweeping Operations and Practical Demonstration  
Manufacturer's Instructions

A handwritten signature in blue ink, appearing to be "D. Nickerson".

Training Director  
Pragmatix UK Ltd

Trainer  
Dave Nickerson

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Date of Issue: 23 January 2015  
Refresher Date: 23 January 2016

Certificate Number: PMX/FM/20151002/1-79